



 <p><b>PHILIPPINE HEART CENTER INCIDENT COMMAND POST</b></p>	Document Type	Document Code: GL-OED-ICP-033
	<b>GUIDELINES</b>	Effective Date: August 2022
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	<b>RETURN TO WORK INFIRMARY CLEARANCE FOR HEALTHCARE WORKERS</b>	Page: 2 of 2

## I. OBJECTIVE

This shall serve as guidance for securing Infirmiry clearance among healthcare workers.

## II. SCOPE

This guideline applies to all PHC healthcare workers who are securing back to work clearance.

## III. GUIDELINES

### 1. HCWs who are required to secure Infirmiry Clearance upon their return to work:

- 1.1 HCWs who present with flu-like symptoms, or symptoms suggestive of Covid-19 infection.
- 1.2 Post discharged suspect, probable or confirmed Covid-19 case.

### 2. HCWs who are not required to secure Infirmiry Clearance upon their return to work:

- 2.1 HCWs coming from their tour of duty at the COVID-19 ward or ICU and without flu-like symptoms, or symptoms suggestive of COVID-19 infection.
- 2.2 HCWs who are asymptomatic and coming from a long vacation leave.

### 3. RETURN TO WORK PRACTICES & RESTRICTIONS

Upon return to work, HCW should:

- 3.1 Always wear appropriate mask while in the healthcare facility (see GL-OED-ICP-004 Personal Protective Equipment)
- 3.2 Adhere to hand hygiene, respiratory hygiene, and cough etiquette in CDC's interim infection control guidance (e.g., cover nose and mouth when coughing or sneezing, dispose of tissues in waste receptacles).
- 3.3 Accomplish daily symptom monitoring log form.
- 3.4 Seek re-evaluation from the Infirmarian if respiratory symptoms recur or worsen.